



New Zealand
Tertiary College

CAREER GUIDE

New Zealand Certificates in Health and Wellbeing
Level 2 • Level 3 • Level 4





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WELCOME TO NEW ZEALAND TERTIARY COLLEGE

We are passionate about supporting your healthcare career journey with our New Zealand Qualifications Authority approved programs - wherever you are in the country.

In this career guide, we hope to provide you with the information you need to gain a better understanding of the caring profession in your own community, and how we can assist you in achieving your career goals.

Our sector-centred and client-focused programs are developed with flexible learning modes, so you can be successful in your studies while balancing work and life commitments.

NZTC is an NZQA Category One provider so you can rest assured that your study program is of the highest quality. Our programs are guided by our core values of *Vision*, *Heart*, *Competence* and *Spirit* and our unwavering commitment to our mission statement of empowering students to care, educate and serve meaningfully and effectively by providing comprehensive and professional programs.

We look forward to getting to know you during your professional journey.



WHAT DOES A CAREER AS A HEALTHCARE ASSISTANT LOOK LIKE?

As a healthcare assistant, you have the ability to access a range of different professional opportunities.

JOB STABILITY

Due to our ageing population there is a growing need for people with the knowledge and skills to care for older people.

VARIETY OF WORK

Choose from different work environments depending on your interests.

TRAINING

Your employer may give you the opportunity for further training or education at no cost.

A CAREER IN HEALTHCARE

COLLABORATION

You will work alongside other healthcare professionals including doctors, nurses, occupational therapists and dieticians.

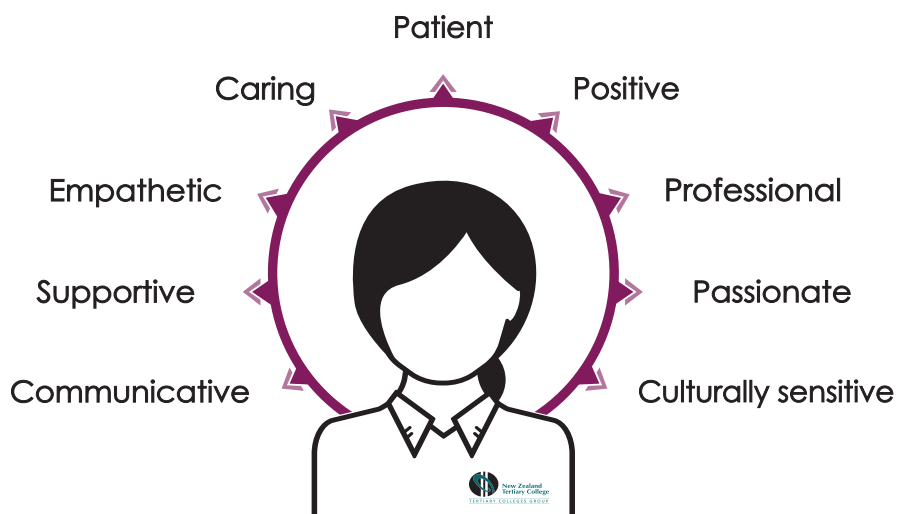
SUPPORTING PEOPLE

You will work closely with people and support them with professional and personal care.



WHAT TYPE OF PERSON IS SUITED TO A CARING ROLE?

A big part of a healthcare assistant's job is working closely with people, so many employers look for staff with a suitable nature and temperament.



WHICH HEALTHCARE ROLE IS FOR ME?

A career as a healthcare assistant enables you to work in a diverse range of settings and choose a role that best suits your interests and skills.

Setting	Overview	Typical responsibilities
Residential care	Work under the direction of a registered nurse to provide assistance to clients based on their specific needs.	<ul style="list-style-type: none">• Helping with everyday tasks• Ensuring a safe and clean environment• Engaging with clients' communities
Home and community care	Work with clients in their own homes and support their daily lives.	<ul style="list-style-type: none">• Helping with everyday tasks• Supporting clients to maintain independence
Hospice	Help to manage the needs of terminally ill patients and their families.	<ul style="list-style-type: none">• Helping to minimise anxiety and discomfort• Provide the patient and their family with physical, emotional, social and spiritual support• Assisting with personal care
Hospital	Work in a hospital under the supervision of a registered nurse.	<ul style="list-style-type: none">• Helping with personal care• Assisting nursing staff with medical tasks – monitoring temperature, pulse and blood pressure• Providing rehabilitative support under the direction of professionals like physiotherapists and occupational therapists
Family or whānau support	In-home care of family or friends who are older, have a health condition, disability or mental illness.	<ul style="list-style-type: none">• Assisting with everyday tasks• Supporting independence• Ensuring medical needs are met



WHAT ARE THE EMPLOYMENT OPPORTUNITIES?

Job opportunities



Employment opportunities for healthcare assistants are expected to continue increasing due to a growing demand from an ageing population, with many opportunities available for new workers in both the public and private sectors.

Pay equity for care and support workers

In April 2017, the New Zealand government reached a pay equity settlement agreement. The result was \$2 billion of wage increases over 5 years for care and support workers in the country's aged and disability residential care, and home and community support services.

Pay for healthcare assistants varies depending on experience, where they work, and how many hours a week they work.

To find the current pay levels visit:
www.careers.govt.nz



WHAT ARE HEALTHCARE EMPLOYERS LOOKING FOR?

Employers look for staff with the knowledge and skills to provide a high standard of professional care.

In most healthcare assistant roles, you will be expected to:

- ▶ Operate ethically and professionally in a health or wellbeing setting
- ▶ Recognise and respond to change
- ▶ Collaborate to support the health and wellbeing of a person with complex needs
- ▶ Lead in a health or wellbeing setting
- ▶ Implement a person-centred approach to support a person with complex needs
- ▶ Recognise and respond to signs of vulnerability and abuse
- ▶ Provide culturally safe and appropriate care





HOW DO I GET THERE?

Our learning outcomes directly align with the skills employers are looking for.

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING (LEVEL 2)

- ▶ Understand the responsibilities and boundaries of a healthcare assistant's role
- ▶ Perform entry-level person-centred tasks and functions in a healthcare setting
- ▶ Recognise risks or changes to a client's wellbeing and how to report them
- ▶ Communication strategies to support a client's health and safety

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING - HEALTH ASSISTANCE STRAND (LEVEL 3)

- ▶ Principles of ethical and professional healthcare practice
- ▶ Practical approaches to applying person-centred care
- ▶ Clinical knowledge and related care techniques
- ▶ Recognising and responding to the changing needs of clients

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING (ADVANCED CARE AND SUPPORT) (LEVEL 4)

- ▶ Collaborative and innovative approaches to enhance complex care
- ▶ Advanced clinical knowledge and person-centred care approaches
- ▶ Empowering the carer and the client towards positive health outcomes
- ▶ Leadership of self and others in a healthcare setting

OUR STUDENTS SHARE THEIR STORIES



Harry Patel

New Zealand Certificate in
Health and Wellbeing
(Advanced Care
and Support) (Level 4)

“NZTC helped me realise that a Healthcare Assistant can do a lot of important things and I became my client’s voice and advocate on their behalf. My studies helped me create a good family-like bond with my residents and helped me to know and understand the importance of having quality of life.”



Mariaeliza Ingeniero

New Zealand Certificate in
Health and Wellbeing
– Health Assistance Strand
(Level 3)

“Furthering my career in healthcare through study makes me an asset to the facility I work for and it also comes with a pay rise. I have the opportunity to be compassionate, empathetic and kind, while making a living. With increasing job stability, potential for salary increases and low unemployment rates, the sector is becoming one of the best to work in.”



Channele Inch-Reed

New Zealand Certificate in
Health and Wellbeing
(Level 2)

“The healthcare sector is constantly changing and expanding. There is always room for improvement, and it is very important to me to keep enhancing my expertise so that I will be able to give my clients the quality care and support they deserve. My study journey with NZTC has definitely helped me to feel more confident within myself, as I know I will be able to give back positively to the community.”



FIND OUT
MORE

VISIT OUR WEBSITE



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